




SWIM COURSE

KEY

-  MILE MARKER
-  AID STATION
-  BIKE TECH
-  COURSE DIRECTION
-  COURSE
-  TRANSITION

PARK LAKE

CHANDLER DR.

PARK DR.

TRANSITION





BIKE COURSE

KEY

- MILE MARKER
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- COURSE DIRECTION
- COURSE
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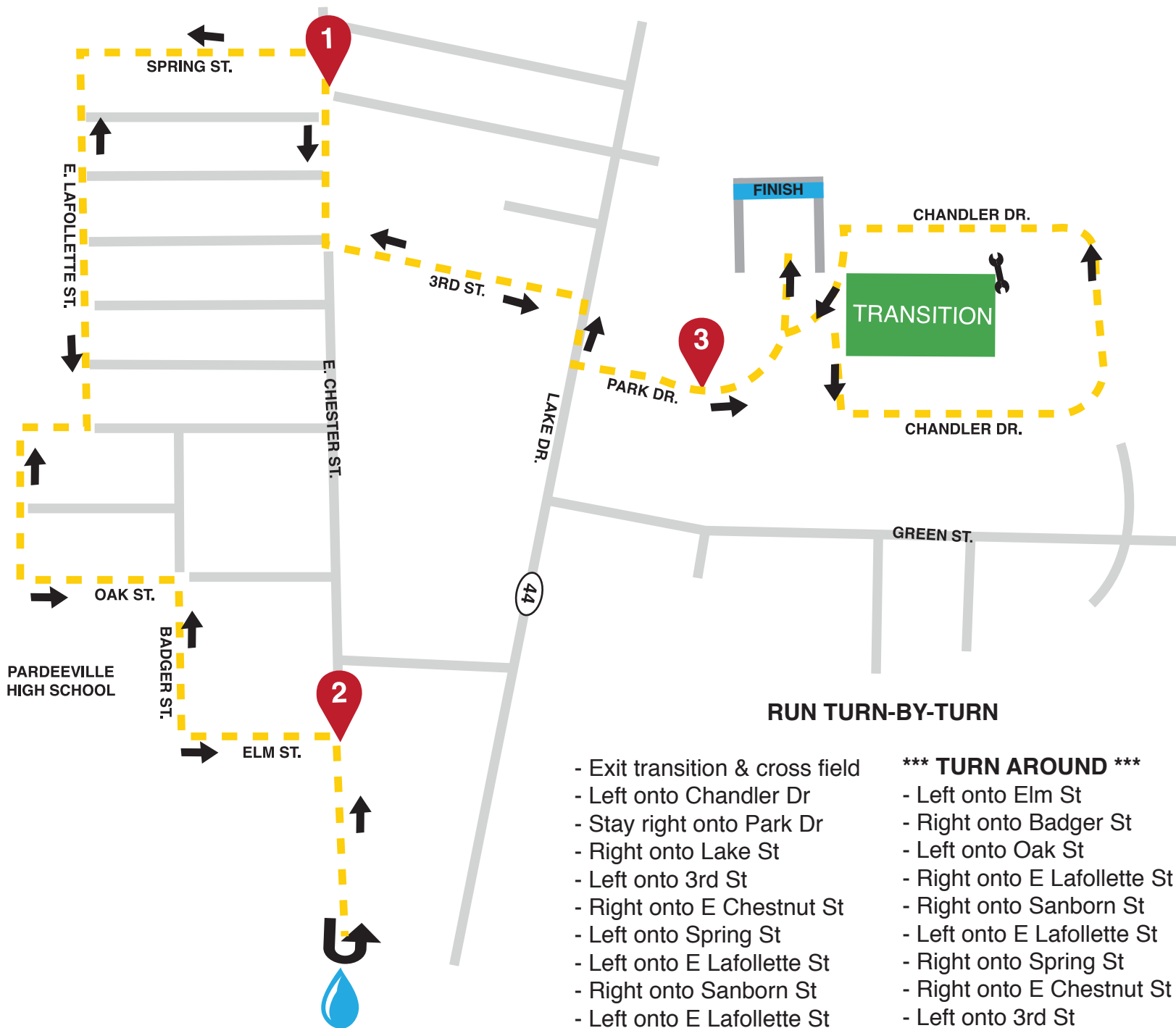


BIKE TURN-BY-TURN

- Exit Transition onto Park St.
- Left onto Lake St.
- Right onto Schwantz Rd.
- Left onto E. Bush Rd.
- Right onto Twitchell Rd.
- Left onto County Hwy G
- Left onto County Rd SS
- Left onto County Hwy P
- Left onto Lake St.
- Right onto Park St.



KEY	
	MILE MARKER
	AID STATION
	BIKE TECH
	COURSE DIRECTION
	COURSE
	TRANSITION



RUN TURN-BY-TURN

- Exit transition & cross field
- Left onto Chandler Dr
- Stay right onto Park Dr
- Right onto Lake St
- Left onto 3rd St
- Right onto E Chestnut St
- Left onto Spring St
- Left onto E Lafollette St
- Right onto Sanborn St
- Left onto E Lafollette St
- Left onto Oak St
- Right onto Badger St
- Left onto Elm St
- Right onto E Chestnut St

*** TURN AROUND ***

- Left onto Elm St
- Right onto Badger St
- Left onto Oak St
- Right onto Sanborn St
- Right onto Spring St
- Right onto E Chestnut St
- Left onto 3rd St
- Right onto Lake St
- Left onto Park Dr
- Stay left on Park Dr