



SWIM COURSE

- KEY**
- MILE MARKER
 - AID STATION
 - BIKE TECH
 - COURSE DIRECTION
 - COURSE
 - TRANSITION



BIKE TURN-BY-TURN

- Exit Transition onto Park St.
- Left onto Lake St.
- Right onto Schwantz Rd.
- Left onto E. Bush Rd.
- Right onto Twitchell Rd.
- Left onto County Hwy G
- Left onto County Rd SS
- Left onto County Hwy P
- Left onto Lake St.
- Right onto Park St.



BIKE COURSE

- KEY**
- MILE MARKER
 - AID STATION
 - BIKE TECH
 - COURSE DIRECTION
 - COURSE
 - TRANSITION



RUN TURN-BY-TURN

- Exit transition & cross field
 - Left onto Chandler Dr
 - Stay right onto Park Dr
 - Right onto Lake St
 - Left onto 3rd St
 - Right onto E Chestnut St
 - Left onto Spring St
 - Left onto E Lafollette St
 - Right onto Sanborn St
 - Left onto E Lafollette St
 - Left onto Oak St
 - Right onto Badger St
 - Left onto Elm St
 - Right onto E Chestnut St
- *** TURN AROUND *****
- Left onto Elm St
 - Right onto Badger St
 - Left onto Oak St
 - Right onto E Lafollette St
 - Right onto Sanborn St
 - Left onto E Lafollette St
 - Right onto Spring St
 - Right onto E Chestnut St
 - Left onto 3rd St
 - Right onto Lake St
 - Left onto Park Dr
 - Stay left on Park Dr



RUN COURSE

- KEY**
- MILE MARKER
 - AID STATION
 - BIKE TECH
 - COURSE DIRECTION
 - COURSE
 - TRANSITION